

F3AT || FOOD

Spida  
di Natale

# CLEANING CHALLENGE

Un corpo sano e libero dalle tossine entro Natale

1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20



NO EDULCORANTI  
E ZUCCHERI RAFFINATI

20 empty circles for tracking progress.



NO SALSE

20 empty circles for tracking progress.



NO FRITTI

20 empty circles for tracking progress.



NO BIBITE GASSATE

20 empty circles for tracking progress.

